



March 2024

Regency Long-Term Care Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:30 Fun & Fitness, 1DR 10:30 Morning Social , 2AR 2:00 Afternoon Smoothies & Karaoke, RHDR 3:30 Afternoon Spa, B 6:15 Hangman, 2AR	10:00 History in March, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
10:00 Hymn Sing Along, 2TV 2:00 Memory Lane, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B	10:30 Fun & Fitness, 2TV 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Evening Games- Cards, 2AR	10:30 Morning Social , 2AR 2:00 St. Johns Church Service, 2TV 4:00 Friendly Visits, B 6:15 Sing Along with FAY, 2AR	9:00 Music Therapy w Ruth, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Resident /Food Council, 1DR 2:00 Friendly Visits W Kathy, B 6:15 Collage Craft, 2AR	8:00 Breakfast Club , 1DR 10:00 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 4:00 Friendly Visits, B 6:15 Spelling Bee, 2AR	10:30 Fun & Fitness, 1DR 10:30 Morning Social , 2AR 2:00 Afternoon Crafts. St. Patrick's Crafts, 2AR 3:30 Afternoon Spa, B 6:15 Yahtzee, 2AR	10:00 Trivia & Social, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
10:00 Hymn Sing Along w Fay, 2TV 2:00 Horse Race Game, 2AR 4:00 Friendly Visits, B 6:15 Movie Night, B	10:30 Laughter Yoga, 2TV 2:00 Swing Bowling, 1DR 4:00 Friendly Visits, B	10:00 Morning Social , 2AR 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Hangman, 2AR	9:00 Music Therapy w Ruth, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Afternoon Tea with Sue, 1DR 6:15 Kathys Evening Social, 2AR	8:00 Breakfast Club, 2AR 10:30 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 6:15 Evening Social, 1DR	10:30 Fun & Fitness, 1DR 10:30 Morning Social , 2AR 2:00 Birthday Celebration W Robert D'Cruz, RHDR 3:30 Afternoon Spa, B 6:15 Kathys Evening Program, 2AR	10:00 Saturday Morning Program, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
Happy St. Patricks Day 10:00 Hymn Sing Along , 2TV 2:00 Kathy's Sunday Afternoon Program, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B	10:30 Drum Fit, 2AR 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Evening Games- True or False, 2AR	10:30 Morning Social , 2AR 2:00 St Patricks Sing Along w Darlene & the Shamrock, 2TV 4:00 Friendly Visits, B 6:15 Calculating Dice, 2AR	9:00 Music Therapy w Ruth, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Grace Missionary Church Service, RHDR 6:15 Brain Teasers, 2AR	8:00 Breakfast Club , 1DR 10:00 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 2:00 Java Music Club, 1DR 4:00 Friendly Visits, B 6:15 Reading Circle, 2AR	10:30 Fun & Fitness, 1DR 10:30 Morning Social , 2AR 2:00 Ice Cream Parlour, B 3:30 Afternoon Spa, B 6:15 Evening Games- Headbanz Game, 1DR	10:00 Morning Games- Left, Right Center Dice Game, 1DR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
10:00 Hymn Sing Along, 2TV 2:00 Afternoon Games Rumoli Game, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B	10:30 Laughter Yoga, 2TV 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Easter Craft, 2AR	10:00 Morning Social , 2AR 2:00 United Church Service, 2TV 4:00 Friendly Visits, B 6:15 Crafts w Fay, 2AR	9:00 Music Therapy w Ruth, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Happy Hour w Corby Leigh Kemp, RHDR 6:15 Swing Bowling, 2AR	8:00 Breakfast Club, 2AR 10:30 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 6:15 Swing Bowling, 2AR	Good Friday 10:30 Fun & Fitness, 1DR 10:30 Morning Social , 2AR 2:00 Easter Fun , 2AR 3:30 Afternoon Spa, B	10:00 Outdoor Walks, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
Happy Easter 10:00 Hymn Sing Along, 2TV 2:00 Balloon Toss, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B						