






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Day 10:00 Fun & Fitness, 2AR 2:00 Afternoon Games-Resident Choice, 2AR 4:00 Friendly Visits, B	2 10:30 St. Johns Church Service, 2TV 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Reading Circle, 2AR	3 10:00 Visits w Nicole & Russ, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Resident /Food Council, 1DR 6:15 Bean Bag Toss, 2AR	4 8:00 Breakfast Club, 2AR 10:30 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 6:15 Evening Games Rummoli, 1DR	5 10:30 Fun & Fitness, 1DR 10:30 Morning Social , 2AR 2:00 Java Music Club, 1DR 2:00 One:one Visits w Kathy, B 3:30 Afternoon Spa, B 6:15 Beach Ball Fun, 2AR	6 10:00 Reading Circle, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
7 10:00 Hymn Sing Along, 2TV 2:00 Bean Bag Toss, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B	8 10:30 Laughter Yoga, 2AR 2:00 Sing Along with Robert D'Cruz, 2TV 4:00 Friendly Visits, B 6:15 Evening Games, 2AR	9 10:30 Morning Social , 2AR 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Horse Race Game, 2AR 	10 9:00 Music Therapy w Ruth, B 10:00 Visits w Nicole & Russ, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Ice Cream Parlour, B 6:15 Swing Bowling, 2AR	11 8:00 Breakfast Club , 1DR 10:00 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 4:00 Friendly Visits, B 6:15 Evening Social, 1DR	12 10:00 Morning Social , 2AR 10:30 Fun & Fitness, 1DR 2:00 Birthday Celebration w Mike Barnes, RHDR 3:30 Afternoon Spa, B 6:15 Fays Evening Program, 2AR	13 10:00 Morning Social & Trivia, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
14 10:00 Hymn Sing Along, 2TV 2:00 Afternoon Games, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B	15 10:30 Drum Fit, 2AR 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Evening Games, 2AR	16 10:00 Morning Social , 2AR 2:00 United Church Service, 2TV 4:00 Friendly Visits, B 6:15 Calculating Dice, 2AR	17 9:00 Music Therapy w Ruth, B 10:00 Visits w Nicole & Russ, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Grace Missionary Church Service, RHDR 2:00 Friendly Visits, B 6:15 Who am I?, 2AR	18 8:00 Breakfast Club, 2AR 10:30 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 6:15 Hangman, 2AR 	19 10:30 Fun & Fitness, 1DR 10:30 Morning Social , 2AR 2:00 Sing Along with Kathy Wiles, 2TV 3:30 Afternoon Spa, B 6:15 BalloonToss, 2AR	20 10:00 True or False, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
21 10:00 Hymn Sing Along, 2TV 2:00 Balloon Badminton, 2AR 4:00 Friendly Visits, B 6:15 Movie Night, B	22 10:30 Laughter Yoga, 2AR 2:00 Sip & Meet Briar , 1DR 4:00 Friendly Visits, B 6:15 Evening Games, 2AR	23 10:30 Morning Social , 2AR 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Painting Fun, 2AR 	24 9:00 Music Therapy w Ruth, B 10:00 Visits w Nicole & Russ, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Tim Hortons IN, 1DR 6:15 Shake a Memory, 2AR	25 8:00 Breakfast Club , 1DR 10:00 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 4:00 Friendly Visits, B 6:15 Sing Along with Fay, 2AR	26 10:00 Morning Social , 2AR 10:30 Fun & Fitness, 1DR 2:00 Happy Hour with Wayne Ferguson, RHDR 3:30 Afternoon Spa, B 6:15 Fays Evening Program, 2AR	27 10:00 Word Games, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B
28 10:00 Hymn Sing Along, 2TV 2:00 Swing Bowling, 2AR 4:00 Friendly Visits, B 6:15 Movie Night, B	29 10:30 Noodle Fun, 2TV 2:00 Swing Bowling, 2AR 4:00 Friendly Visits, B 6:15 Evening Games, 2AR	30 10:00 Morning Social , 2AR 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Fays Evening Program, 2AR	31 9:00 Music Therapy w Ruth, B 10:00 Visits w Nicole & Russ, B 10:30 Morning Trivia, 1TV 10:30 Fun & Fitness, 2TV 2:00 Afternoon Tea with Sue, 1DR 2:00 Friendly Visits w Kathy, B 6:15 Evening Crafts- Jewelry Making, 2AR		January Birthdays Anne I Jan 6 Carl C Jan 20 Louise D Jan 30 Danny R Jan 30	