



September 2023

Regency Long-Term Care Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Locations Legend</u></p> <p>Both, B 2nd Floor Activity Room , 2AR 1st Floor Dining Room , 1DR 2nd Floor TV Room , 2TV 1st Floor TV Room , 1TV 1st Floor Patio , 1P 2nd Floor Patio , 2P Retirement Home Dining Room, RHDR</p>	<p>*** Activities Subject to Change****</p>	<p>★★★★☆ (25 Reviews)</p>	<p>Hercules B Sept 13 Carole S Sept 15 Christine K Sept 19 Curtis S Sept 19 Anne H Sept 24</p>		<p>10:30 Fun & Fitness, 1DR 1 10:30 Morning Social , 2AR 2:00 Sing Along with Kathy Wiles, 1P 3:30 Afternoon Spa, B 6:15 In The News, 2AR</p>	<p>10:00 Cookie Social , 2P 2 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B</p>
<p>10:00 Hymn Sing Along, 2TV 3 2:00 Dice Games, 2AR 4:00 Friendly Visits, B 6:15 Movie Night, B</p>	<p>LABOR DAY 4 10:00 Fun & Fitness, 1DR 2:00 Bean Bag Toss, 1DR 4:00 Friendly Visits, B</p>	<p>10:30 St. Johns Church Service, 2TV 5 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Spelling Bee, 2AR</p>	<p>9:00 Music Therapy w Ruth, B 6 10:00 Visits w Nicole & Russ, B 10:30 Fun & Fitness, 2AR 10:30 Morning Trivia, 1TV 2:00 Resident /Food Council, 1DR 6:15 Evening Social, 1DR</p>	<p>8:00 Breakfast Club , 2AR 7 10:00 Crossword Puzzle, 1DR 2:00 Hangman, 2AR 6:15 Crafts with Fay, 2AR</p>	<p>10:30 Fun & Fitness, 1DR 8 10:30 Morning Social , 2AR 2:00 Happy Hour with Mike Tremblay, 1P 3:30 Afternoon Spa, B 6:15 Horse Race Game, 2AR</p>	<p>10:00 Morning Chats & Trivia, 2AR 9 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B</p>
<p>Grandparents Day 10 10:00 Hymn Sing Along, 2TV 2:00 Yahtzee, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B</p>	<p>10:30 Laughter Yoga, 2AR 11 2:00 Ice Cream Parlour, B 4:00 Friendly Visits, B 6:15 Evening Games, 1DR</p>	<p>10:00 Morning Social , 2AR 12 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Evening Social, 2AR</p>	<p>9:00 Music Therapy w Ruth, B 13 10:00 Visits w Nicole & Russ, B 10:30 Fun & Fitness, 2AR 10:30 Morning Trivia, 1TV 2:00 Afternoon Tea with Sue, 1DR 2:00 Outdoor Walks with Kathy, B 6:15 Evening Social, 1DR</p>	<p>8:00 Breakfast Club, 1DR 14 10:30 Crossword Puzzle, 2AR 2:00 Afternoon cards, 2AR 6:15 Swing Bowling, 2AR</p>	<p>10:30 Fun & Fitness, 1DR 15 10:30 Morning Social , 2AR 2:00 Fall Fair Fun on the Patio, 2P 3:30 Afternoon Spa, B 6:15 Shake Loose a Memory, 2AR</p>	<p>10:00 Beach Ball Fun, 1DR 16 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B</p>
<p>10:00 Hymn Sing Along, 2TV 17 2:00 Who AM I, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B</p>	<p>10:30 Drum Fit, 1DR 18 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Evening Games, 1DR</p>	<p>10:30 Morning Social , 2AR 19 2:00 Port Hope United Church Service, 2TV 4:00 Friendly Visits, B 6:15 Reading Circle, 2AR</p>	<p>9:00 Music Therapy w Ruth, B 20 10:00 Visits w Nicole & Russ, B 10:30 Fun & Fitness, 2AR 10:30 Morning Trivia, 1TV 2:00 Church Service, RHDR 6:15 Evening Social, 1DR</p>	<p>8:00 Breakfast Club , 2AR 21 10:00 Crossword Puzzle, 1DR 2:00 Afternoon Games-Rummoli, 2AR 6:15 Dice Games, 2AR</p>	<p>10:30 Fun & Fitness, 1DR 22 10:30 Morning Social , 2AR 2:00 Birthday Celebration with Bill Dickonson, 1P 3:30 Afternoon Spa, B 6:15 Evening Games-Snakes & Ladders, 1DR</p>	<p>First Day of Spring 23 10:00 Morning Social & Trivia, 2AR 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B</p>
<p>10:00 Hymn Sing Along, 2TV 24 2:00 Scrabble, 1DR 4:00 Friendly Visits, B 6:15 Movie Night, B</p>	<p>10:00 Fun & Fitness, 2AR 25 2:00 Trivia, 2AR 4:00 Friendly Visits, B</p>	<p>10:00 Morning Social , 2AR 26 2:00 Bingo, 1DR 4:00 Friendly Visits, B 6:15 Sing Along with Fay, 2AR</p>	<p>9:00 Music Therapy w Ruth, B 27 10:00 Visits w Nicole & Russ, B 10:30 Fun & Fitness, 2AR 10:30 Morning Trivia, 1TV 2:00 Painting Fun with Fay, 2AR</p>	<p>8:00 Breakfast Club, 1DR 28 10:30 Crossword Puzzle, 2AR 2:00 Afternoon cards, B 6:15 Yahtzee, 2AR</p>	<p>10:30 Fun & Fitness, 1DR 29 10:30 Morning Social , 2AR 2:00 Bean Bag Toss, 1DR 3:30 Afternoon Spa, B</p>	<p>10:00 Saturday Morning Social , 2AR 30 2:00 Bingo, 1DR 3:30 Friendly Visits, B 6:30 Movie Night, B</p>