



January 2022

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1DR - 1st Floor Dining Room 2TV - 2nd floor TV Room RR- Restorative Room	** Activities Subject to Change**					1 Happy New Year 10:00am New Years Trivia w Fay RR 2:00pm Afternoon Bingo 1DR 4:00 pm Friendly Visits 6:15pm Movie Night
2 10:00am Sunday Morning Hymn Sing Along 2TV 2:00pm Snday Afternoon Hymn Sing Along 1DR 4:00pm Friendly Visits 6:15pm Sunday Night Social RR	3 10:30am Fun & Fitness RR 2:00pm Afternoon Social 1DR	4 10:30am Visits w Pet Therapy Sue & Twinks 2:00 pm Bingo 1DR 6:15 pm Calculating Dice RR	5 10:30 am Fun & Fitness RR 2:00 pm Smoothies & Sing Along w Kathy Wiles 2TV 2:30pm Smoothies w Kathy Wiles 1DR 3:45pm Friendly Visits	6 8:00am Breakfast Club 1DR 10:30am Crossword Puzzle RR 2:00pm Afternoon Cards RR 3:30 pm Friendly Visits 6:15pm Bingo RR	7 10:30am Fun & Fitness 1DR 2:00 pm Resident/ Food Council Meeting 1DR 3:30pm Afternoon Spa RR	8 10:00am Morning Social RR 2:00 pm Afternoon Bingo 1DR 6:15pm Movie Night
9 10:00am Current Events Discussion Group 1DR 2:00pm Afternoon Games RR 4:00pm Friendly Visits 6:15pm Sunday Night Social RR	10 10:30am Laughter Yoga 1DR 2:00pm Sing Along with Mike Tremblay 2TV 2:30pm Sing Along with Mike Tremblay 1DR	11 10:30am Visits w Pet Therapy Sue & Twinks 2:00 pm Bingo 1DR 6:15 pm Spelling Bee & Hot Chocolate w Fay RR	12 10:30 am Fun & Fitness RR 2:00 pm WII Games Family Fued 1DR 3:45pm Friendly Visits 6:15pm	13 8:00am Breakfast Club RR 10:30 am Crossword Puzzle 1DR 2:00 pm Music & Memory Sing Along B 3:30pm Friendly Visits 6:15pm Bingo RR	14 10:30 am Fun & Fitness 1DR 2:00 pm Birthday Celebration w Art Lajambe 2TV 2:30pm Birthday Celebration w Art Lajambe 1DR 6:15pm Trivia 1DR	15 10:00 am Snakes & Ladders RR 2:00 pm Afternoon Bingo 1DR 4:00pm Friendly Visits 6:15pm Movie Night
16 10:00am Sunday Morning Hymn Sing Along 2TV 2:00pm Crafts w Fay 1DR 4:00pm Friendly Visits 6:15pm Sunday Night Social RR	17 10:30am Laughter Yoga RR 2:00pm Java Music Club 1DR 6:15pm Evening Games 1DR	18 10:30am Visits w Pet Therapy Sue & Twinks 2:00 pm Bingo 1DR 6:15pm Hangman RR	19 10:30 am Fun & Fitness RR 2:00 pm Afternoon Tea w Sue 1DR 3:45pm Friendly Visits 6:15pm Evening Social 1DR	20 10:00 am Crossword Puzzle RR 2:00 pm Afternoon Cards B 3:30pm Friendly Visits 6:15pm Thursday Night Bingo RR	21 10:30am Fun & Fitness 1DR 2:00pm Ice Cream Parlour 3:30pm Afternoon Spa RR	22 10:00am Morning Social RR 2:00 pm Afternoon Bingo 1DR 3:30 pm Friendly Visits 6:15pm Movie Night
23 10:00am Sunday Morning Hymn Sing Along 2TV 2:00pm Hangman 1DR 4:00pm Friendly Visits 6:15pm Sunday Night Social RR	24 10:30am Fun & Fitness 1DR 2:00pm Java Music Club RR 6:15pm Evening Games 1DR	25 10:30am Visits w Pet Therapy Sue & Twinks 2:00 pm Bingo 1DR 4:00 pm Friendly Visits	26 10:30 am Fun & Fitness RR 10:15am Word Games 1DR 2:00 pm Word Games RR 3:45pm Friendly Visits	27 10:30am Crossword Puzzle 1DR 2:00 pm Horse Race Game RR 3:30pm Friendly Visits 6:15pm Bingo Night RR	28 10:30 am Fun & Fitness 1DR 2:00 pm Afternoon Games RR 3:30pm Afternoon Spa RR 6:15pm Friday Night Social 1DR	29 10:00am Tower Game RR 2:00 pm Afternoon Bingo 1DR 3:30 pm Friendly Visits 6:15pm Movie Night
30 10:00am Sunday Morning Hymn Sing Along 2TV 2:00pm Afternoon Game-Scrabble RR 4:00pm Friendly Visits 6:15pm Sunday Night Social RR	31 10:30am Drum Fit 1DR 2:00pm Drum Fit RR	 				



Carl C
January 20

George D
January 7



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