

| MONDAY                          | TUESDAY                      | WEDNESDAY                      | THURSDAY                       | FRIDAY                          | SATURDAY                  | SUNDAY                             |
|---------------------------------|------------------------------|--------------------------------|--------------------------------|---------------------------------|---------------------------|------------------------------------|
| <b>BREAKFAST</b>                |                              |                                |                                |                                 |                           |                                    |
| Strawberries                    | Banana Half                  | Mandarin Oranges               | Blueberries                    | Honeydew Melon                  | Banana Half               | Cantaloupe Chunks                  |
| Oatmeal                         | Cream of Wheat               | Cinnamon Oatmeal               | Cream of Wheat                 | Oatmeal                         | Cream of Wheat            | Cream of Wheat                     |
| Hard Boiled Egg                 | Poached Egg                  | Scrambled Eggs                 | Hard Boiled Egg                | Poached Egg                     | Scrambled Eggs            | Bacon Strips                       |
| Whole Wheat Toast               | Whole Wheat Toast            | Whole Wheat Toast              | Whole Wheat Toast              | Whole Wheat Toast               | Whole Wheat Toast         | Hard Boiled Egg                    |
| Coffee or Tea                   | Coffee or Tea                | Coffee or Tea                  | Coffee or Tea                  | Coffee or Tea                   | Coffee or Tea             | Whole Wheat Toast                  |
| Assorted Cold Cereal            | Assorted Cold Cereal         | Assorted Cold Cereal           | Assorted Cold Cereal           | Assorted Cold Cereal            | Assorted Cold Cereal      | Coffee or Tea                      |
| Peanut Butter                   | Vanilla Yogurt               | Peanut Butter                  | Vanilla Yogurt                 | Peanut Butter                   | Peanut Butter             | Assorted Cold Cereal               |
| Pancake                         | Fruit Extreme Muffin         |                                |                                |                                 | Toasted English Muffin    | Peanut Butter                      |
| <b>LUNCH</b>                    |                              |                                |                                |                                 |                           |                                    |
| Garden Vegetable Soup           | Cream of Mushroom Soup       | Chicken Vegetable Noodle Soup  | Homemade Vegetable Barley Soup | Cream of Potato & Leek Soup     | Beef Vegetable Soup       | Cream of Chicken Soup              |
| Unsalted Soda Crackers          | Unsalted Soda Crackers       | Unsalted Soda Crackers         | Unsalted Soda Crackers         | Unsalted Soda Crackers          | French Toast              | Unsalted Soda Crackers             |
| Macaroni & Cheese               | Tomato Slices & Lettuce      | English Style Battered Pollock | Chicken Caesar Salad           | Turkey Sandwich w/Aioli         | Unsalted Soda Crackers    | Tuna Salad Sandwich on Brown Bread |
| Crushed Tomatoes                | Hamburger on White Bun       | French Fries                   | Wheat Roll                     | Spring Mix Lettuce Salad        | Vanilla Greek Yogurt      | Chickpea Vegetable Salad           |
| Apple Cobbler                   | Greek Pasta Salad            | Coleslaw                       | Strawberry Mousse              | French Cream Cake               | Summer Fruit Salad        | Vanilla Chocolate Ice Cream Bar    |
| Deli & Potato Salad Plate       | Butterscotch Sundae          | Whole Wheat Bread              | BBQ Beef on Bun                | Ham & Cheese Omelet             | Brownie                   | Weiners & Beans                    |
| Whole Wheat Roll                | Egg Salad                    | Creme Caramel                  | Buttered Corn                  | Harvard Beets                   | Salami on Wheat w/Pickles | Sauteed Pepper & Onion             |
| Fresh Watermelon                | Cucumber Slices              | Bologna Sandwich               | Chilled Diced Peaches          | Tea Biscuit                     | Marinated Cucumbers       | Cornbread                          |
|                                 | Mini Croissant               | Broccoli Salad                 |                                | Chilled Tropical Fruit          | Mandarin Oranges          | Chilled Diced Pears                |
|                                 | Crushed Pineapple            | Fruit Cocktail                 |                                |                                 |                           |                                    |
| <b>DINNER</b>                   |                              |                                |                                |                                 |                           |                                    |
| Battered Cod Fillet             | Sweet & Sour Chicken         | Seasoned Cowboy Steak          | Honey Garlic Ribs              | Braised Cod with Tomato & Basil | Herb Baked Chicken        | Roast Turkey                       |
| Mashed Potatoes                 | Boiled Red Potato            | Brown Gravy                    | Honey Garlic Sauce             | Mashed Potatoes                 | Herbed Potatoes           | Turkey Gravy                       |
| Sweet Balsamic Brussels Sprouts | Asian Vegetables             | Roasted Potatoes               | Mashed Potatoes                | Green Peas                      | California Vegetables     | Mashed Potatoes                    |
| Whole Wheat Bread               | Whole Wheat Bread            | Sliced Carrots                 | Scandinavian Vegetables        | Whole Wheat Bread               | Whole Wheat Bread         | Green Beans                        |
| Lemon Chiffon                   | Strawberry Shortcake         | Whole Wheat Bread              | Whole Wheat Bread              | Pecan Streusel Cake             | Whole Wheat Bread         | Homemade Apple Pie                 |
| Pork Chop & Mushroom Sauce      | Baked Ham in Pineapple Juice | Maple Chocolate Mania Cake     | Pineapple Upside Down Cake     | Macaroon Madness Bar            | Swiss Veal Cutlet         | Meat Lasagna                       |
| Brown Gravy                     | Green Peas                   | Turkey Cacciatore              | Spaghetti & Tomato Sauce       | Meatloaf                        | Zucchini Medley           | Mixed Green Italian Salad          |
| Butternut Squash                | Cantaloupe Chunks            | Whole Green Beans              | Parslied Cauliflower           | Beef Gravy                      | Strawberries              | Garlic Bread                       |
| Chilled Diced Pears             |                              | Chilled Apricots               | Chilled Apple Slices           | Baked Potato                    |                           | Fresh Watermelon                   |
|                                 |                              |                                |                                | Sunrise Vegetables              |                           |                                    |
|                                 |                              |                                |                                | Bananas & Cream                 |                           |                                    |

Note: All meals include choice of beverage and condiments. Bread and/or crackers are offered at lunch and dinner.