


July 2019

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 HAPPY CANADA DAY 10:00 am Fun & Fitness 1DR 10:30 am One:one Visits 2:00 pm Canada Day Trivia & Red Solo Cup Toss 2nd Floor Patio	2 10:30 am Laugter Yoga 1DR 10:30am Pet Therapy Visits 2:00 pm Bingo 1DR 3:45pm Music & Memory 6:15pm Crafts w Fay RR	3 10:00 am Fun & Fitness RR 2:00 pm Sing Along w Lawrence Earl 2TV 3:30 pm Outdoor Walks 6:15pm Word Scramble RR	4 8:00 am Breakfast Club RR 10:30am Crossword Puzzle RR 2:00 pm Swing Bowling RR 3:30pm Friendly Visits 6:15 pm Evening Social RR	5 10:15 am Fun & Fitness RR 2:00 pm Resident's/Food Council Meeting 1DR 3:45 pm Afternoon Spa RR 6:30 pm Evening Games RR	6 10:00am Sing Along W Fay RR 2:00pm Scrabble RR 3:30 pm Friendly Visits
7 10:00am Hymn Sing w Fay 2TV 2:00pm Crossword Puzzle RR 3:30 pm One:one Visits 6:30pm Sunday Night Bingo RR	8 10:00am Fun & Fitness 1DR 10:30 am One:one Visits 2:00 pm Afternoon Darts RR 3:30pm Friendly Visits 6:15 pm Games Night RR	9 10:30 am Word Games RR 2:00 pm Bingo 1DR 3:45pm Music & Memory 6:15pm Painting Fun RR	10 10:00 am Fun & Fitness RR 2:00 pm Owlfix Films Virtual Reality RR 3:30 pm Outdoor Walks 6:15 pm Games Night Scrabble RR	11 8:00am Breakfast Club RR 10:30 am Crossword Puzzle RR 2:00 pm Afternoon Cards B 3:30pm Friendly Visits 6:15 pm Calculating Dice RR	12 10:15 am Fun & Fitness RR 2:00 pm Birthday Party w Robert D'Druz 1DR 3:45pm Afternoon Spa RR 6:30pm Family Feud RR	13 10:00am Poetry Circle RR 2:00pm Karaoke w Jessica RR 3:30 pm Friendly Visits 6:15pm DIY Dream Catchers RR
14 10:00am Reading Circle RR 2:00pm Balloon Tennis RR 3:30 pm One:one 6:30pm Sunday Night Bingo RR	15 10:00 am Fun & Fitness 1DR 10:30 am One:one Visits 2:00 pm Smoothies on the 2nd Floor Patio 3:30pm Outdoor Walks 6:15pm Evening Trivia RR	16 10:00 am Micheal the Piano Man 2TV 2:00 pm Bingo 1DR 3:45pm Music & Memory 6:15pm Trivia & Social RR	17 10:00 am Fun & Fitness RR 2:00 pm Sing Along w Rennie & Pat 1DR 3:30pm Outdoor Walks 6:15 pm Evening Games Bean Bag Toss RR	18 8:00am Breakfast Club RR 10:30 am Crossword Puzzle RR 2:00 pm Trivia on the 2nd floor Patio 3:30pm Friendly Visits 6:15 pm Swing Bowling RR	19 10:15 am Fun & Fitness RR 2:00 pm Sing Along w Barb Holtmann 2TV 3:30 pm Afternoon Spa RR 6:30pm Evening Social RR	20 10:00 am Current Events RR 2:00 pm Horserace Game RR 3:30pm Friendly Visits
21 10:00 am Hymn Sing w Fay 2TV 2:00pm Yahtzee RR 3:30pm Friendly Visits 6:30pm Sunday Night Bingo RR	22 10:00 am Fun & Fitness 1DR 10:30am One:one Visits 2:00 pm Happy Hour w Mike Tremblay 1DR 3:15 pm Outdoor Walks 6:15pm Giant Tiger Trip	23 10:30 am Java Music Club RR 2:00 pm Bingo 1DR 3:30 pm Friendly Visits 6:15pm Evening Social RR	24 10:00 am Fun & Fitness RR 2:00 pm Afternoon Social & Tea w Susan 1DR 3:30 pm Outdoor Walks 6:15 pm Colouring Time RR	25 8:00am Breakfast Club RR 10:30 am Crossword Puzzle RR 2:00 pm Pool Party on the 2nd Floor Patio 3:30pm Friendly Visits 6:15 pm Games Night RR	26 10:15 am Fun & Fitness RR 2:00 am Ice Cream Parlour on the 2nd Floor Patio 3:30 pm Afternoon Spa RR 6:30pm Craft Night Shaving Cream Art RR	27 10:00 am Finish the Lyrics RR 2:00 pm Sing Along w Jessica RR 3:30 pm Friendly Visits 6:15pm Balloon Darts RR
28 10:00am Crossword Puzzle RR 2:00 pm Church Service w Bonnie & Deanna 2TV 3:30 pm One:one Vistis 6:30pm Sunday Night Bingo RR	29 10:00am Fun & Fitness 1DR 10:30am One:one Visits 2:00pm Games on the 2nd Floor Patio 3:30pm One:one Visits 6:15 pm Jingo RR	30 10:30 am Trip to the Cobourg Beach SIGN UP W AMELIA 3:45pm Music & Memory 6:15pm Evening Social RR	31 10:00 am Fun & Fitness RR 2:00 pm Bingo 1DR 3:30 pm Outdoor Walks 6:15pm I Spy RR			

1DR - 1st Floor Dining Room
 2TV - 2nd floor TV Room
 RR- Restorative Room

**** Activities Subject to Change****

Regular Weekly HIGHLIGHTS

Monday's	9:30 am	Music Therapy
Tuesday's	10:30 am	Pet Therapy-Twinks (LOA)
Wednesday's	10:15 am	Pet Therapy-Hero
Thursday's	3:30 pm	Montessori
Friday's	3:45pm	Spa Afternoon
Saturday's	2:00 pm	Weekend Fun
Sunday's	10:00 am	Morning Movie



Meni A
July 6

Shirley J
July 7

Dennis T
July 7

Eleanor M
July 21

Jane E
July 22

Barbara M
July 28

Stuart H
July 29

